

YOUR MIND MATTERS!

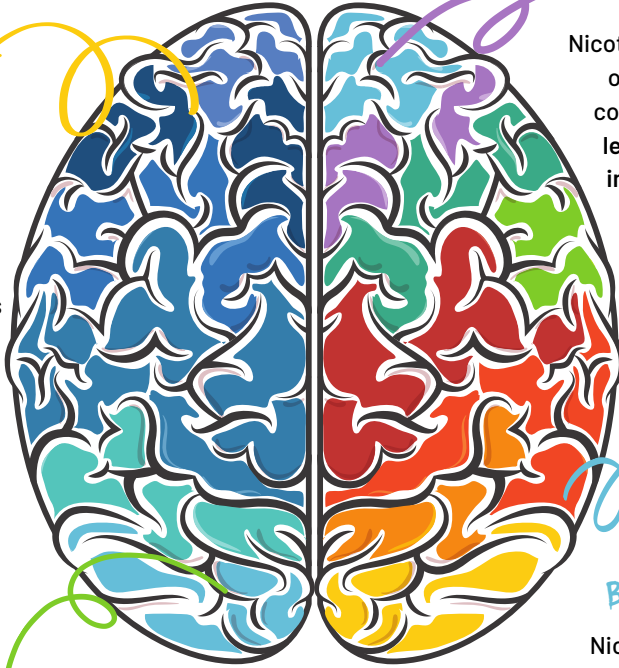
VAPING MIGHT BLOW YOUR MIND.

GROWING PAINS

The majority of e-cigarettes contain nicotine, a chemical that can harm developing brains. Most brains continue developing until the age of 25.

DAMAGE CONTROL

Nicotine harms the part of the brain that controls attention, learning, mood & impulse control.



DOWN IN THE PUMPS

Vaping and smoking are associated with mental health symptoms, like depression. Nicotine addiction can also cause stress.

BAD VIBES

Nicotine is highly addictive. Withdrawal from nicotine can cause irritability, restlessness, anxiety, depression, trouble sleeping, trouble concentrating, and intense cravings.

Source: Centers for Disease Control and Prevention

DON'T VAPE YOUR LIFE AWAY

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